

DAGBREEK

MANSKOSHUIS | MEN'S RESIDENCE



STELLENBOSCH

1921 **100** 2021

WELCOMING BOOKLET

JANUARY 2021 | ISSUE 100 | CENTENARY EDITION



DAGBREEK
STELLENBOSCH

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VICE-PRIM'S LETTER

Dear new Dagbreker

First and foremost, congratulations on your acceptance to the Stellenbosch University and your placement in Dagbreek Men's Residence. This is an incredible honour not only for you, but also for us to welcome you into being part of our culture-rich residence. You will be surrounded by high-calibre individuals like yourself. This is the start of a new chapter in your life filled with personal growth, challenges and enriching experiences. In this new chapter, you will embark on a journey of self-discovery and Dagbreek will provide you with the platform to not only set your personal goals but to achieve them.

You have mastered the art of dealing with incredibly daunting situations as we reflect on 2020. Use these experiences as stepping-stones in order to accomplish even more in 2021. Jump at the opportunity to learn more from others and to build lasting, fruitful friendships.

Extraordinary times call for extraordinary solutions and for you as the 100th group of newcomers the time has come to contribute to the illustrious legacy of Dagbreek. My House Committee and I are excited to welcome you and introduce you to our shared culture of excellence, brotherhood, proactivity, inclusivity and pride. I look forward to leading you into an exciting yet unknown future.

May you come to love Dagbreek as much as I have over the last three years and never hesitate to call the House of Renown and Fame your home.

Enjoy the rest of your holiday. See you soon.

Kind Regards

Marais Cloete



BRIEF VAN ONDERPRIM

Geagte nuwe Dagbreker

Eerstens, baie geluk met jou toelating tot die Universiteit van Stellenbosch en jou plasing in Dagbreek. Dit is 'n groot eer om deel te vorm van die Huis van Roem en Faam en dit is vir ons 'n voorreg om jou te verwelkom tot ons kultuurrike koshuis. Hier gaan jy blootgestel word aan en in gesprek kan tree met talentvolle individue wat van regoor die land kom. As 'n spogkandidaat weet ons dat jy sal floreer in die Dagbreek-omgewing. Dit dui die begin van 'n nuwe fase in jou lewe aan wat gevul is met persoonlike groei, uitdagings en verrykende ondervindings. Tydens dié hoofstuk van jou lewe sal jy jouself beter leer ken en stadig maar seker ontwikkel ten einde 'n volwasse burger van Suid-Afrika te wees. Dagbreek gee jou die platform om nie net jou doelwitte te stel nie, maar ook om dit te kan bereik.

Julle het 2020 met passie en moed aangepak. Gebruik dus wat julle geleer het om toekomstige teëspoed teen te werk en 'n sukses te maak van julle daaglikse lewens. Geleenthede is skaars en dus raai ek julle aan om werklik elke geleentheid wat daar is, om by ander te leer en om blywende, opbouende vriendskappe te vorm, met altwee hande aan te gryp.

Buitengewone probleme vereis buitengewone oplossings en die tyd het aangebreek om as die 100ste groep van nuwelinge by te dra tot die roemryke nalatenskap van Dagbreek. Ek en my Huiskomitee is verheug om jou te verwelkom en jou bloot te stel aan ons kultuur van uitnemendheid, broederskap, proaktiwiteit, inklusiwiteit en trots. Ek sien daarna uit om julle te lei in die onbekende, maar opwindende tye wat voorlê.

Mag jou liefde vir Dagbreek nooit ophou groei nie en mag die Huis van Roem en Faam jou tuiste vir baie jare wees.

Geniet die res van jou vakansie.

Vriendelike Groete

Marais Cloete

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PRELIMINARY DATES

As of now dates for when newcomers will be allowed to move in to residences are not final. Communication from the Stellenbosch University regarding Covid-19 measures and adjustments to dates according to the current situation in the Western Cape will only be received by student leaders in the coming weeks. We therefore ask for your patience in this matter.

The confirmation or changes in dates will be communicated to newcomers as soon as possible. Newcomers can expect communication regarding dates from the Dagbreek House Committee on all four of the following platforms. Please be on the lookout on our social media pages. *(Click on the icons to be directed to the websites.)*

1



Personal Email

2



Instagram

3



Facebook

4



Official Website

MENTORS IN DAGBREEK

Firstly, congratulations with your son's placement in Dagbreek Men's Residence. On behalf of the Mentors and Academic Advisors, we hope and trust that his time in Dagbreek will be of immeasurable value.

The Mentor system on campus has been a part of residences from the start of the university's history. In fact, in those early days the only position of authority was that of Mentor (or "advisor" as it was known back then) and these mentors essentially made up the managing board of the residence which has since evolved into the House Committee of today. We however maintain a mentor system separate to the House Committee – whose main goal is to help first years with the transition into university, to encourage them to live a balanced life and reach their full potential.

Annually, 22 mentors consisting of third-, fourth- and fifth-year students are appointed and allocated a maximum of six mentees. We hold the Mentor system in high esteem and regard it as an imperative component of the success of a newcomer's time at university. The first few weeks are undoubtedly a challenge for any young man who just finished matric or entering a university for the first time. Therefore, the mentors serve as "older brothers" that advise and support newcomers when needed. Throughout the year weekly mentoring sessions are held that cover a variety of topics. These mentor sessions provide a platform for not only individual personal growth but also to build genuine relationships with each mentee, and more importantly, amongst the mentees themselves.

Our mentors focus primarily on the social, spiritual, psychological and developmental aspects of your son's life – academic support is provided by our Academic Advisors, a second support body. The academic advisors are almost all second-year students who are selected based on their academic performance in their first year. It has been proven time and time again that first year academic performance in residences outmatches those that stay in private accommodation. It's a simple principle of better performance when surrounded by constant support and holistic development opportunities; therefore we strongly encourage that each first year utilises these opportunities at hand.

The mentors are assigned to first years at the beginning of the year and you will have the opportunity to meet them on the first day of your arrival. We are extremely excited to welcome all future Dagbreakers into our House later this year!

Russell Pratt
HK of Mentors

Dillon Ribeiro
Head Mentor

MENTORS IN DAGBREEK

Eerstens, baie geluk met u seun se plasing in Dagbreek Manskoshuis. Van die Mentors en Akademiese raadgewers se kant af hoop en glo ons dat sy tyd in Dagbreek van onskatbare waarde sal wees.

Die Mentor stelsel op kampus is al van die begin van die Universiteit se geskiedenis deel van koshuiskultuur. In daardie vroeë dae was die Mentors die enigste gesagsfigure. Die Huiskomitees van vandag het hul oorsprong uit die Mentorstelsel van ouds. Ons het egter die Mentorstelsel behou en maak nogsteeds gebruik van dié sisteem om die sprong na universiteitslewe vir eerstejaars so maklik as moontlik te maak. Die hoofdoel van Mentors in Dagbreek is om eerstejaars te ondersteun, raad te gee waar nodig en te verseker dat hulle 'n gebalanseerde leefstyl handhaaf.

In Dagbreek word daar jaarliks 22 mentors aangestel, wat grotendeels bestaan uit derde, vierde en vyfde jaar studente. Dié senior studente word dan elkeen 'n maksimum van ses mentees toegeken om te mentor deur die jaar. In Dagbreek ag ons die Mentorstelsel baie belangrik en sien dit as 'n onontbeerlike komponent van die sukses van 'n nuweling se tyd op universiteit. Daardie eerste paar weke is somtyds 'n moeilike oorgangsfase vir enige seun wie pas uit 'n matriekklas gestap het of wie vir die eerste keer universiteit toe gaan. Daarom dien die mentor dan as 'n "ouer broer" om raad, insig en ondersteuning te bied waar nodig. Reg deur die jaar sal daar weeklikse mentorsessies wees waar verskillende onderwerpe bespreek sal word. Dit is egter vir elke mentor belangrik om nie net daar te wees wanneer u seun hom nodig het nie, maar 'n opregte vriendskap en broederskap te smee.

Die fokus van die mentors is hoofsaaklik op sosiale, geestelike, sielkundige en ontwikkelings aspekte van u seun se lewe, terwyl akademiese ondersteuning deur ons Akademiese Raadgewers gebied word. Akademiese Raadgewers bestaan uit toppresterende tweedejaar-studente in verskeie akademiese rigtings. Dit is baie duidelik dat akademiese prestasie van eerstejaars in koshuise voortdurend hoër is as dié in privaatverblyf. Dit is bloot die effek van die toegang tot die ondersteuningsraamwerk wat koshuislewe bied, daarom moedig ons alle eerstejaars aan om hierdie geleenthede ten volle te benut.

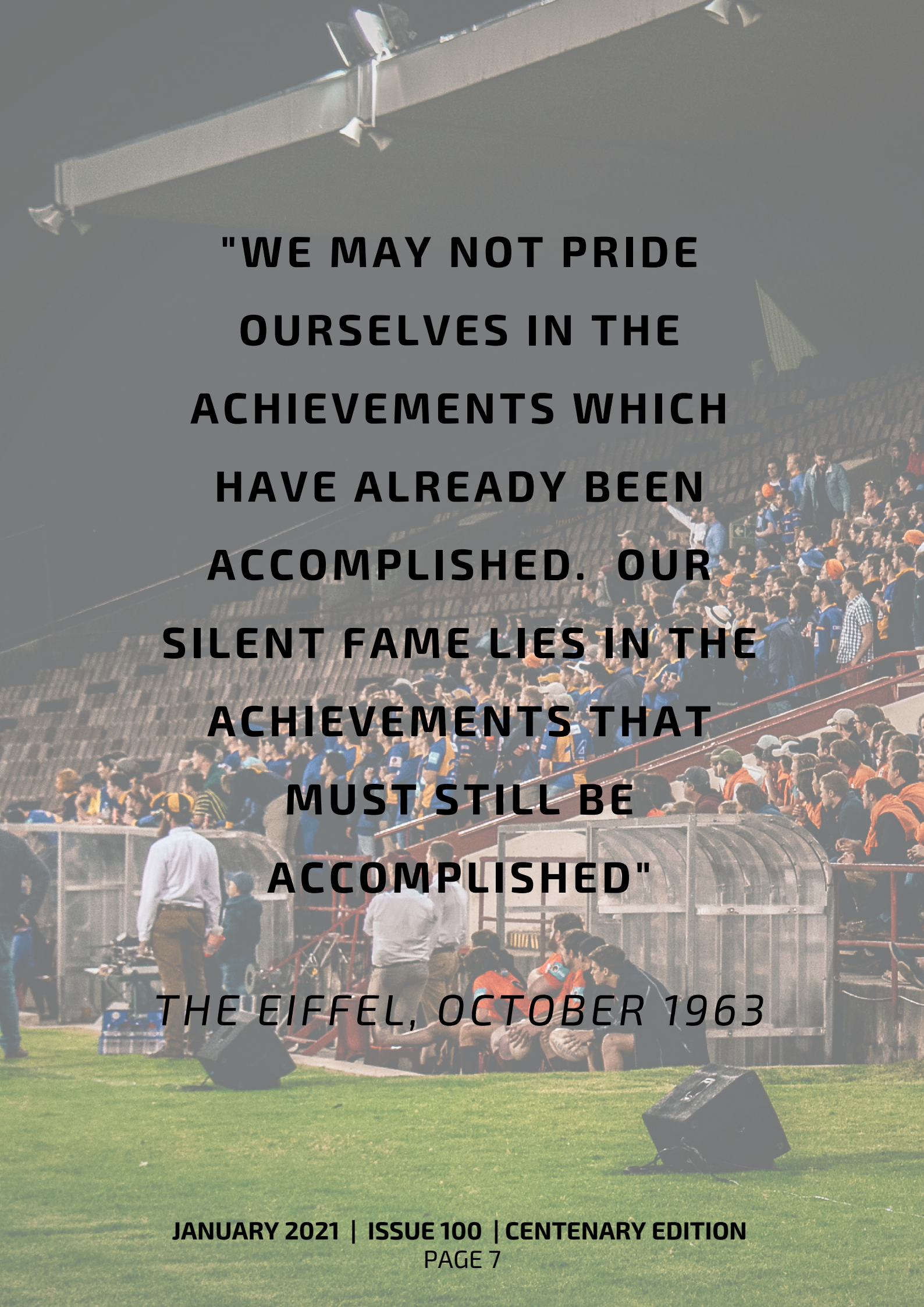
Die mentors word aan die begin van die jaar aan die eerstejaars toegeken en u sal die geleentheid hê om hulle te ontmoet die eerste dag met u aankoms. Die mentors sien uit om u toekomstige Dagbreker hartlik in die Huis te ontvang later hierdie jaar!

Russell Pratt
HK van Mentors

Dillon Ribeiro
Hoofmentor

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A photograph of a large crowd of people in a stadium, likely at the Eiffel Tower, with text overlaid. The crowd is dense, and many people are wearing blue and yellow clothing. The stadium seating is visible, and the overall atmosphere is one of a major event.

**"WE MAY NOT PRIDE
OURSELVES IN THE
ACHIEVEMENTS WHICH
HAVE ALREADY BEEN
ACCOMPLISHED. OUR
SILENT FAME LIES IN THE
ACHIEVEMENTS THAT
MUST STILL BE
ACCOMPLISHED"**

THE EIFFEL, OCTOBER 1963



CHECKLIST

REMEMBER THE FOLLOWING ITEMS:

- Suit, Tie and Button-up Shirt
- Formal/Chino pants
- Sport Equipment
- Exercise Clothes and Shoes
- Spare Face Masks
- R600 for Dagbreek Clothing (*See page 9*).

SPORTS OFFERED BY DAGBREEK:

- | | | |
|-------------|----------------|--------------|
| • Athletics | • Squash | • Rugby |
| • Cricket | • Tennis | • Soccer |
| • Golf | • Table Tennis | • Basketball |
| • Hockey | • Waterpolo | |

PARKING FOR NEWCOMERS

The university has requested that we advise all newcomers **against** bringing cars to the campus unless absolutely necessary. Stellenbosch has a shortage of parking. As per the university rules residents of Dagbreek will only be able to register for official parking at Dagbreek from their second year onward.



IMPORTANT



NEW PAYMENT OPTIONS

Cashless payment options are used for all inhouse payments. **We strongly recommend and urge newcomers to download the SnapScan application** in order to safely and efficiently deal with payments that need to be made to Dagbreek's Treasury Department. The R600 for Dagbreek Newcomers clothing can be paid for in the following ways:

PRIOR TO ARRIVAL:

1

SnapScan
QR Code



2

SnapScan
"Pay with card"

**Follow the Link and
Select Pay with Card**
[https://pos.snapscan.io
/qr/SUDAGBREEK](https://pos.snapscan.io/qr/SUDAGBREEK)

ON ARRIVAL:

1

 SnapScan

2

Cash



3

Credit Card



AMOUNT: R600

REFERENCE: "STUDENT NUMBER"
THE FINAL DATE FOR PAYMENTS
04 MARCH 2021

INSIDE THE ROOMS

ROOM ALLOCATIONS

You will be allocated to a double room with a roommate based on the questionnaire you fill in. We match you with the best suited roommate for you. All newcomers live in a double room for their first year and as you become older and earn room-points you have the opportunity to decide on staying in our senior flats which do have single rooms.

FURNITURE PROVIDED

- Bed frame
- Mattress
- Built-in, double door cupboards
- Bookshelf
- Bed-side cupboard
- Study table
- Chair
- 4 x Electrical sockets
- Network (LAN) access port

WHAT TO BRING FOR YOUR ROOM

- | | |
|-------------------|---------------------------|
| • Bedding | • Towels |
| • Study lamp | • Locks for cupboards and |
| • Clothes hangers | or doors |
| • Multi-plug | • Refrigerator (optional) |
| • Washing powder | • Microwave (optional) |
| • Toiletries | • Fan (optional) |

*If you are buying appliances perhaps wait until you meet your roommate so you can determine who has what and if you can share certain appliances. We do have a dining hall where meals can be booked.



NEWCOMER QUESTIONNAIRE

Please complete the following questionnaire in order for us to adjust the room placings and find the best suitable roommates. The questionnaire must be filled in to the best of your ability as it will also serve as record of your most recent personal information which only the HK will have access to.

Use either the QR code or click on the link (image) to open the questionnaire in your browser in order to access it.



CONNECT PARTNERS



HUIS FRANCIE
VAN ZIJL



DAGBREEK



OSLER PSO

The annual Vensters event is set to take place on the 12/13th of March and for 2021 it is our privilege to be partnered with not only one, but two student communities. Our partners include Huis Francie van Zijl and Osler PSO. With hard work and determination we are convinced that we as **DAGFRANSLER** will be able to walk away with the number one position for Venster this year.



Dagstede 2019 (Dagbreek & Heemstede)



ARK Outreach

Dagbreek will be continuing a community project in 2021 where we serve underprivileged schools by teaching the children and also having fun with games and sport. We have been informed that they experience a shortage of stationary every year as not all the parents can afford it and some do, but they fail to grasp that the children need supplementary stationary. We, as a residence, thus urge all newcomers to bring any of the following to Welcoming Week if possible:

- Colour/Normal Pencils
- Erasers
- Pritt or any glue
- Sharpeners



VICMEYR CLUSTER

University Residences and private student organisations (PSOs) are divided into seven different clusters. The communities in each cluster are located near each other and participate in shared initiatives that intend to benefit the students in the cluster.

Dagbreek Men's Residence is part of the VicMeyr Cluster, which consists of six communities along Victoria Street and Hofmeyr Street. VicMeyr Cluster consists of Aurora PSO, Dagbreek, Huis ten Bosch, Lydia, Majuba and Minerva.

As VicMeyr Cluster, we aim to integrate the respective communities in our cluster, to cultivate a sense of community, and to allow sustainable networks to be created within the cluster. The cluster would like to be an "add-in" identity for students within the cluster; a greater community to be part of, which provides a greater pool of connections and resources to tap into for students.

Cluster Day, in welcoming, is a day where you will engage with the rest of the communities in VicMeyr and is really something to look forward to.



Click on their Emblem to see their Instagram Page for more Information

As a newcomer to Dagbreek, you also have many other events and initiatives to look forward to during the welcoming period, as well as the rest the year. Your Cluster Conveners for 2021 are Reggie Dube (left) from Dagbreek and Aiden Forbes (right) from Majuba. We look forward to meeting you and hope that you are ready to form part of Dagbreek, as well as the larger VicMeyr community!





Congratulations on your child's admission to Stellenbosch University!

We are very excited to share in this new phase of your child's journey through life and so we want to ensure that he/she takes full advantage of the opportunities and support that we offer. Please read this letter to see how we would like to be part of this phase of your child's journey.

Why a welcoming programme?

The welcoming programme introduces your child to his/her new home. Your child will get an opportunity to explore his/her residence, PSO ward, cluster and faculty, and to participate in activities that will ensure that he/she is ready for the first day of classes.

The activities of residences, PSO wards, clusters and faculties have been designed to ensure that all experiences inside and outside the classroom will contribute to the growth, development and interests of our students. In this way we partner with you to ensure that your child will one day leave the University as a well-balanced adult and especially as a responsible citizen who will be able to call him-/herself and others to account.

Why should your child's university experience be unique?

Your child will have the opportunity to create his/her own memories instead of merely reliving others' experiences. Encourage your child to find his/her own path and to decide for him-/herself what to make of these experiences.

How can your child make his/her university experience unique?

Your child must also take responsibility for his/her own success. Success is not just about completing a degree; it is also about personal growth and development.

Children often turn to their parents for help in making decisions, and of course you can give advice, but you should also encourage your child to decide for him-/herself what is important. This will help your child to build and strengthen his/her own identity.

How can you support and motivate your child?

Encourage your child to develop his/her identity, to confront challenges him-/herself and to use the resources that are available in the residence, PSO ward, cluster, faculty and the University as a whole. Encourage your child to build a relationship with his/her mentor and to attend mentoring sessions regularly, because during these sessions he/she will not only get the opportunity to talk to the mentor about successes and concerns but will also enjoy the support of other first-year students.

By participating wholeheartedly in the activities of the welcoming programme, your child will be exposed to various aspects of the University. However, it is important that your child should not meekly accept everything but that he/she also critically ask him-/herself, student leaders and fellow students (and others) the following questions:

- Do the activities of the welcoming programme contribute to my development and my preparation for the coming academic year?
- Does the welcoming programme expose me to a positive environment and relationships?
- Does the welcoming programme give me an opportunity to fully express my values and interests?
- And especially: Does the welcoming programme contribute to making me the person I've always wanted to be?

You can rest assured that we at the University will join you in looking after your child's interests.



Baie geluk met jou kind se toelating tot die Universiteit Stellenbosch!

Ons as Universiteit is saam met jou opgewonde oor jou kind se nuwe lewensreis en wil verseker dat hy/sy die geleenthede en ondersteuning wat ons kan bied ten volle benut. Lees gerus deur hierdie brief om te sien hoe ons wil deel wees van jou kind se nuwe lewensreis.

Hoekom 'n verwelkomingsprogram?

Die verwelkomingsprogram stel jou kind bekend aan sy/haar nuwe tuiste. Hier kry jou kind die geleentheid om sy/haar koshuis, PSO-wyk, kluster en fakulteit te verken en deel te neem aan aktiwiteite wat gaan verseker dat hy/sy gereed is vir die eerste dag van klas.

Koshuise, PSO-wyke, klusters en fakulteite se aktiwiteite is opgestel om te verseker dat alle binne- en buite-klaservarings bydra tot ons studente se groei, ontwikkeling en belangstellings. Sodoende verseker ons, saam met jou as ouer, dat jou kind eendag die Universiteit verlaat as 'n goed gebalanseerde volwassene en veral ook 'n verantwoordelike landsburger, wat hom-/haarself en ander verantwoordbaar kan hou.

Waarom behoort jou kind se universiteitservaring uniek te wees?

Jou kind kry die geleentheid om sy/haar eie herinneringe te skep in plaas daarvan om ander se ervarings te wil beleef. Moedig jou kind aan om sy/haar eie paadjie te vind en self te besluit wat hy/sy van die ervarings wil maak.

Hoe kan jou kind sy/haar universiteitservaring uniek maak?

Jou kind moet ook verantwoordelikheid neem vir sy/haar eie sukses. Sukses gaan nie net oor voltooiing van 'n graad

nie, maar ook oor persoonlike groei en ontwikkeling. Dit gebeur dikwels dat kinders na hulle ouers kyk vir besluite, en jy kan gerus advies gee, maar moedig jou kind aan om self besluite te neem oor wat vir hom/haar belangrik is. Dit help jou kind om sy/haar identiteit te bou en te versterk.

Hoe kan jy jou kind ondersteun en motiveer?

Moedig jou kind aan om sy/haar eie identiteit te ontwikkel, om self uitdagings die hoof te bied en om gebruik te maak van die bronne wat in die koshuis/PSO-wyk, kluster, fakulteit en universiteit as geheel beskikbaar is. Spoor jou kind aan om 'n verhouding met sy/haar mentor te bou en gereeld mentorsessies by te woon, want gedurende hierdie sessies kry hy/sy nie net die geleentheid om oor suksesse en bekommernisse met die mentor te praat nie, maar kry hy/sy ook die ondersteuning van ander eerstejaars. Deur heelhartig aan die aktiwiteite van die verwelkomingsprogram deel te neem, word jou kind blootgestel aan verskillende aspekte van die Universiteit. Dit is egter belangrik dat hy/sy nie alles net gedwee aanvaar nie, maar dat hy/sy eerder krities vir hom-/haarself asook studenteilers, medestudente en ander die volgende vra:

- Dra die aktiwiteite op die verwelkomingsprogram by tot my ontwikkeling en voorbereiding vir die akademiese jaar wat voorlê?
- Stel die verwelkoming my aan 'n positiewe omgewing en verhoudings bloot?
- Bied die verwelkoming my die kans om my waardes en belangstellings ten volle uit te leef?
- En veral: Dra die verwelkoming daartoe by om my die persoon te maak wat ek nog altyd wou wees?

Wees verseker dat ons hier by die Universiteit saam met jou na jou kind se belange sal omsien.

DAGBREEK



STELLENBOSCH

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